



SUBJECT: Curriculum Overview

Year 13

Term	Topic studied	What will I learn?	How will I be assessed?	Wider reading:
Year 13 Autumn	<p>Unit 17: Sports Injury Management</p> <p>Unit 19: Development and Provision of Sport and Physical Activity</p> <p>Unit 22: Investigating Business in the Sport and Active Leisure Industry</p>	<p>Learners study the signs and symptoms of sports injuries, application of basic treatment and rehabilitation methods, injury risk factors and injury prevention.</p> <p>Learners study the development and provision of sport in the UK and its relationship with global sport, including understanding what is needed to write a proposal for a sports development project.</p> <p>Learners investigate how business operates in the sport and active leisure industry and how it responds to trends and other influences to meet the needs of clients and to benefit the business.</p>	<p>Internally assessed coursework set and marked by RHS staff.</p> <p>A task set and marked by Pearson and completed under supervised conditions.</p> <ul style="list-style-type: none"> In Part A, learners will be given a case study one week before a supervised assessment period in order to carry out research. In Part B, the supervised assessment period is 2.5 hours as timetabled by Pearson. Written submission. • 60 marks. January <p>A task set and marked by Pearson and completed under supervised conditions.</p> <ul style="list-style-type: none"> In Part A, learners will be given information two weeks before the supervised assessment period in order to carry out research. • In Part B, the supervised assessment period is three hours as timetabled by Pearson. • Written submission. • 64 marks. January 	<p>Mahoney C – <i>Managing People and Situations</i> (Coachwise, 2005) Code B23970 available from www.1st4sport.com/1st4sportsite/productsearch/B23970.html</p> <p>Pegg D – <i>An Introduction to Sports Officiating</i> (Coachwise, 2005) Code B23822 available from www.1st4sport.com/1st4sportsite/productsearch/B23822.htm</p> <p>Brian Mac, Sports Coach www.brianmac.co.uk British Association of Sport and Exercise Sciences www.bases.org.uk British Broadcasting Corporation www.bbc.co.uk Peak Performance www.pponline.co.uk Top End Sports www.topendsports.com</p>
Year 13 Spring	Unit 25: Rules, Regulations and Officiating in Sport	Learners explore the historical development of the rules and regulations in a selected sport and apply them while officiating.	Internally assessed coursework set and marked by RHS staff.	<p>Journals</p> <p><i>American College of Sport Medicine's Health and Fitness Journal</i> <i>British Journal of Sports Medicine</i> <i>Exercise and Sport Sciences Reviews</i> <i>International Journal of Sports Science and Coaching</i> <i>Journal of Applied Physiology, Nutrition and Metabolism</i> <i>Medicine and Science in Sports and Exercise</i> <i>Pediatric Exercise Science Research Quarterly for Exercise and Sport</i></p>
Year 13 Summer	<p>Unit 23: Skill Acquisition in Sport</p> <p>Unit 9: Research Methods in Sport</p>	<p>Learners study the factors that contribute to a skilled performance in sport and examine how sports performers learn and develop their skills.</p> <p>Learners cover the importance of research, factors affecting the quality of research, an introduction to research and the different methods commonly used in sport-based research.</p>	<p>Internally assessed coursework set and marked by RHS staff.</p> <p>Internally assessed coursework set and marked by RHS staff.</p>	<p><i>Additional wider reading list provided in class.</i></p>

