

Richard Hale School

Year 10 Examinations
APRIL 2022

INFORMATION/CONTENTS

- General advice regarding revision
- Examples of useful revision techniques
- Blank timetable



Welcome:

This booklet is aimed at both students and parents; to help, prepare for Year 10 examination period. The exams take place between Tuesday 19th April and Tuesday 26th April

This booklet contains the following:

- General revision advice – where, when and most importantly how to revise
- Examples of useful revision techniques
- A revision timetable you can copy and use

Please note that subject specific information will be given out during timetabled lesson and posted on subject google classrooms. If you have subject queries, please contact relevant member of staff.

There will also be lots of information posted on the Year 10 googleclassroom – code for the classroom is: [q4ugp2d](#)

“I’ve decided I ought to do some revision – what do I do next?”

1. Get the domestics right

Sort out where you are going to revise, making sure that you are away from distractions. Make sure you have revision materials to hand: revision guides, A4 paper, note cards, highlighter pens, post-its. If not, go out and buy them or order from Amazon, but don’t take half a day over it.

2. Find out what you need to revise

The last thing you want to do is spend time revising material that isn’t going to be in the exam. Check the relevant google classrooms - Your teacher should have told you what to revise. Make sure that you have class notes on all the relevant topics. If not, get them from a friend or ask your teacher – we are here to help!!

3. Draw up a revision timetable

They might not work for everyone, but in general, if you have a routine and can stick to it, revision is easier. See the section on revision timetable planning.

4. Start.

Go on....get on with it. No more excuses



5. Review what you're doing

Always ask yourself: Was that a useful session? What have I improved in? Was it good use of time? What notes have I got to show for it? Do my notes make sense a) to me and b) to others?. If someone else can't understand them, then the topic probably isn't very clear in your own head.

"I'm doing the revision but I just can't remember the stuff!"

Revision techniques

We all learn differently and over the years you should have started to become aware of how you learn best. You will have done work on learning styles and multiple intelligences and might have a good idea of what works for you. The most important thing is variety – try several of the techniques below:

- **NOTE-TAKING** (*summarising or condensing material, neat, colour-coded and 'key words' underlined*)
 - makes you concentrate
 - helps understanding because you rewrite them in your 'own words'
 - helps to link topics
 - gives visual presentation
 - helps to keep you on task
 - helps you remember
 - makes revision less daunting, as there seems to be 'less' to revise
 - can be recorded on **REVISION CARDS** (see below for examples)
- **KEYWORDS** (*often unlock memory; can be done on computer*)
- **MNEMONICS & ACRONYMS** (*abbreviations for key words; will increase long term memory*)
- **SPEAKING OUT ALOUD** (*talking to yourself; pretend you are teaching the lesson*)
- **POST-IT NOTES**
- **RECORDING NOTES**
- **LISTENING TO PODCASTS**
- **MIND-MAPS** (*see examples later from website*)
- **WEB-BASED REVISION** - <https://www.bbc.co.uk/bitesize/levels/z98jmp3>
- **Q & A CARDS**
- **CHUCKING**
- **PAST PAPER QUESTIONS** (*Exam boards have past paper questions and mark schemes on the websites. Google AQA, OCR or Edexcel*)
- **USING INTERACTIVE TOOLS** – eg: <https://teachers.thenational.academy/key-stages/key-stage-4> or **SENECA**
- **REFER TO YOUR GOOGLECLASSROOMS**



Revision Cards - https://www.youtube.com/watch?v=3xze-a_4uHw

Revision cards are a very useful way of revising and recording key points from each sub-topic within each subject. This means you can revise from brief notes rather than files, exercise books or text books. If these are in place now then they will be ready for you in Year 11.

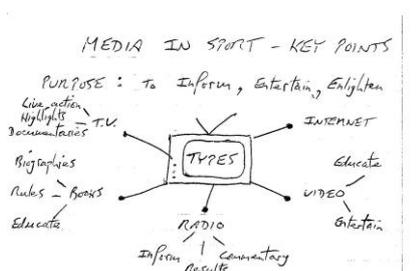
Suggestions for use:

Postcard size revision cards with a margin at the top (different colours per subject)

2 – 5 cards with bullet point information or drawings for each topic

2 – 3 cards with exam questions and answers.

Below are some examples based on the media in sport.



Design your card to suit

Different colour cards for different

EFFECTS OF MEDIA COVERAGE

GOOD	BAD	UGLY
<ul style="list-style-type: none"> • Promotes new sports • Informs of special events • Generates finance • Creates feedback for participants • Role models 	<ul style="list-style-type: none"> • Pressure on officials • Sports may decline if coverage is low • Reduces attendance • Schedules dictated by TV. 	<ul style="list-style-type: none"> • Publicises poor behaviour • Create a win at all cost attitude

MEDIA IN SPORT EXAM QUESTIONS

1. +VE EFFECTS OF MEDIA ON ATTENDANCE

- May increase interest for people to elite performers or world champions.
- Role models seen on TV may increase participation, therefore higher membership.

2. UNDERSTANDING PERFORMANCE

- Plays stats to identify a fault - video
- Health + fitness - heart rate monitor

Get a friend or member of the family to test you



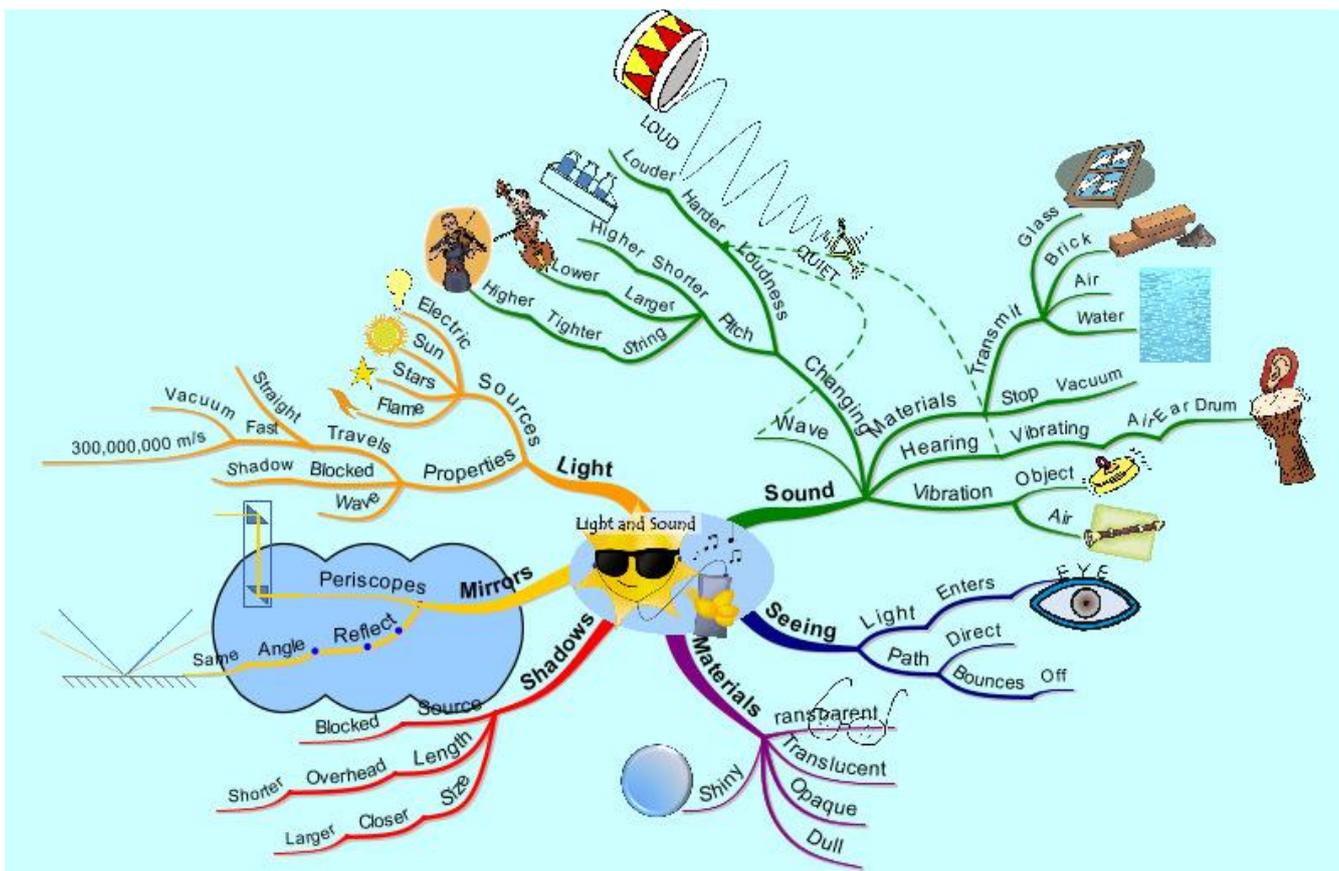
“He just sits in front of the computer. I don’t know if he’s doing any revision” (One for the parents)

Bitesize/The Oak Academy and other revision sites can be really useful, but also have their dangers. Is the stuff you are learning relevant to your own exam at RHS? Is it at the right level, Foundation or Higher? Will your own exam questions be in the same format? Does it help you remember information?

DON'T FOOL YOURSELF – use the computer as part of your revision, but don't sit in front of it all evening and pretend you're revising

Mind maps – <https://www.youtube.com/watch?v=oY4sUQzXJ1g>

Below is a reminder of the elements you need in a successful mind map. If it works for you, use it. The mind map software is available for use in school. There is more extensive advice on how to construct a mind map from Mr Todd.



Revision Timetable

Tips for success - <https://www.theexamcoach.tv/the-blog/how-to-make-a-revision-timetable-that-works>

- Timetables must be realistic and workable – if you aren't keeping to it, ask yourself why and change it
- Write breaks and rewards in to your timetable. Research shows that your concentration decreases after 45 minutes. Just getting up and going to make a drink can be a useful break. Suggestion would be 30-40 minutes' revision and then a 10-minute active break.
- Start by filling in the activities you already have planned
- Don't forget to eat (!)
- Study different subjects on the same day.
- The timetable for the weekend doesn't mean 12 hours of revision each day....plan your activities and try to fit in 2 or 3 hours on Sat and Sun
- Start gradually and build up the number of hours – you cannot work at 100% from now until the exams
- Make sure you have something concrete to show for each revision session – notes, cards, exam exercises, mind maps etc. Looking at Bitesize for an hour is not effective revision.
- Get a good night's sleep, as this improves mental awareness.
- Speak to your subject teacher if you need any specific advice.



Stick to your timetable – it really does work!

Week 1	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
4.00								9.00
4.30								10.00
5.00								11.00
5.30								12.00
6.00								1.00
6.30								2.00
7.00								3.00
7.30								4.00
8.00								5.00
8.30								6.00
9.00								7.00
9.30								8.00

Copy this sheet as many times as you need. If it isn't working, tear it up and do a new one. Make it realistic, make it work.



LAST BIT OF STUDENT ADVICE!!!

Please see the Year 10 exams has a positive experience and a chance to really practise your revision and exam techniques. It will also be a great experience of sitting an exam in exam conditions with the different rules and regulations that public examinations follow. We will aim to run these exams as close to the real thing as possible.

If you have any concerns regarding your mocks or ways to revise PLEASE speak to your form tutor, Head of Year, find me or speak to your subject teacher. We are all here to help you.

You should be taking the exams seriously but try not to stress too much. Use this as a positive experience and as a chance to work out how you revise best.

You should use this as a chance to assess and consolidate knowledge and understand gaps in knowledge.

You should save any notes you take in a folder ready for Year 11 mocks and the real thing in the summer of 2023.

Make sure you are organised and get plenty of rest in-between revision sessions.

Good luck and stay organised,

Mr Patterson
Assistant Headteacher
Head of Key Stage 4